

**2023 Shocker Track Club Youth Indoor Open Event Eligibility Chart – REVISED 1/16/2023**

This meet is FREE for current Shocker Track Club Youth Team members. STC athletes can compete in as many events as they desire. Please review the charts to determine eligibility of events within the identified categories. Certain Field Events (Shot Put, Long Jump, and Triple Jump) are conducted Cafeteria Style

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| --- | --- | --- | --- | --- | --- |
| **FIELD EVENTS** | **YOUTH**8-Under | **YOUTH**9-10 | **YOUTH**11-12 | **YOUTH**13-14  | **YOUTH**15-16, 17-18 |
| Shot Put | x | X (6lb) | X (6lb) | X (B=4k/G=6lb) | X (B=12lb/G=4k) |
| Long Jump | x | x | x | x | x |
| Triple Jump |  |  |  | x | x |
| Pole Vault |  |  |  | x | x |
| High Jump |  | x | x | x | x |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **RUNNING EVENTS** | **YOUTH**8-Under | **YOUTH**9-10 | **YOUTH**11-12 | **YOUTH**13-14 | **YOUTH**15-16, 17-18 |
| 60m | x | x | x | x | x |
| 60m Hurdles Boys |  |  | X (30”) | X (33”) | X (39”)  |
| 60m Hurdles Girls |  |  | X (30”) | X (30”) | X (33”) |
| 200m | x | x | x | x | x |
| 400m | x | x | x | x | x |
| 800m | x | x | x | x | x |
| 1600m | x | x | x | x | x |
| 3200m | x | x | x | x | x |
| 4 x 400m Relay |  |  |  |  | x |
| 4 x 800m Relay |  |  |  |  | x |

**FIELD EVENTS - Schedule of Events - & = Cafeteria Style Competition (see page 4 for details)**

**800a Pole Vault (All Ages and Both Genders)**

**800a Shot Put (Ages 8U-12) / 1000a (Ages 13-18)**

**830a Long Jump (Ages 15-18) / 1030a (Ages 8U-14)**

**900a High Jump (Ages 9-14) / 1100a (Ages 15-18)**

**1100a Triple Jump (Ages 13-18)**

**RUNNING EVENTS -Schedule of Events - Youngest to Oldest – Girls then Boys through all age groups**

* **1100a – (Turn in 4x800m Relay Cards!)**
	+ **60m Hurdles Prelims**
	+ **60m Dash Prelims**
	+ **4x800m Relay – High School (Ages 15-18)**
	+ ***SHORT BREAK***
* **130p (Approximate Start Time) - Rolling schedule as follows -**
	+ **1600m**
	+ **60m Hurdles FINALS**
	+ **60m Dash FINALS**
	+ **400m**
	+ ***SHORT BREAK – Also turn in 4x400 Relay Cards!***
	+ **800m**
	+ **200m**
	+ **3200m**
	+ ***SHORT BREAK – Relay Check-in and Organization***
	+ **4x400m Relay – High School (Ages 15-18)**

**END OF DO**