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**Event Eligibility Chart -**

Please review the charts to determine eligibility of events within the identified categories. Special requests to register for events not listed for your category will be considered by contacting Meet Management (Darren Muci at [president@shockertrackclub.com](mailto:president@shockertrackclub.com) ). You will be notified of the decision. The decision of Meet Management to either approve or deny such requests is final.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **EVENT** | **YOUTH**  8-Under | **YOUTH**  9-10 | **YOUTH**  11-12 | **YOUTH**  13-14 | **YOUTH**  15-16, 17-18 | **COLLEGIATE** | **OPEN**  **(19-29)** | **ELITE** | **MASTERS Ages 30 and up** |
| Shot Put |  | X  (6lb) | X  (6lb) | X  (B=4k/G=6lb) | X  (B=12lb/G=4k) | x | x | x | x |
| Weight Throw |  |  |  |  |  | x | x | x | x |
| Long Jump | x | x | x | x | x | x | x | x | x |
| Standing Long Jump | x |  |  |  |  |  |  |  | x |
| Triple Jump |  |  |  | x | x | x | x | x | x |
| Pole Vault |  |  |  | x | x | x | x | x | x |
| High Jump |  | x | x | x | x | x | x | x | x |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **EVENT** | **YOUTH**  8-Under | **YOUTH**  9-10 | **YOUTH**  11-12 | **YOUTH**  13-14 | **YOUTH** 15-16, 17-18 | **COLLEGIATE** | **OPEN**  Ages 19-29 | **ELITE** Ages 19+ | **MASTERS Ages 30 and up** |
| 60m | x | x | x | x | x | x | x | x | x |
| 60m Hurdles Boys/Men |  |  | x (30”) | X  (33”) | X  (39”) | x | X  (42”) | x  (42”) | X  (30”) |
| 60m Hurdles Girls/Women |  |  | x (30”) | x  (30”) | x  (33”) | x | X  (33”) | X  (33”) | X  (30”) |
| 200m | x | x | x | x | x | x | x | x | x |
| 400m | x | x | x | x | x | x | x | x | x |
| 800m | x | x | x | x | x | x | x | x | x |
| 1500m /  1-Mile Run |  |  |  |  |  | x | x | x | x |
| 1600m | x | x | x | x | x |  |  |  |  |
| 3000m |  |  |  |  |  | x | x | x | x |
| 3200m | x | x | x | x | x |  |  |  |  |
| 3000mRW |  | x | x | x | x | x | x | x | x |
| 4 x 400 Relay |  |  |  |  | x |  |  |  |  |

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**Schedule of Events - Saturday, February 12, 2022**

**Youth, Masters, Open, Elite Field Events –**

**Cafeteria Style Events\* (Four (4) Attempts per Athlete) and (Six (6) Attempts for Collegiate Athletes)**

**We will keep the competition venues open as long as possible to accommodate registered athletes but would like to close them two (2) hours after the times noted below.**

* **330p Shot Put**
* **500p Weight Throw**
* **330p Standing Long Jump Masters (north end of the Long Jump Pit)**
* **330p Standing Long Jump Youth (8 and Under) (south end of the Long Jump Pit)**
* **430p Long Jump**
* **630p Triple Jump**

Cafeteria Style means that the Athletes can pick and choose when they arrive at their event and complete their competitive attempts. Here is an example -

1) The Long Jump Pit "opens" at a specific time for the athletes to warm up AND to complete their attempts.

2) Each Athlete receives four (4) attempts for their selected event (e.g., Standing Long Jump.

3) The Long Jump Pit "stays open" for the Athletes to complete their four attempts.

4) Once an Athlete completes their attempts they are free to leave OR go to another event that they have selected.

**Progressive Height Events –**

* **600p Pole Vault G/W and B/M Combined**
* **730p High Jump G/W and B/M Combined**

**Schedule of Events - Sunday, February 13, 2022**

**Youth, Masters, Open, Elite Running Events –**

**Youngest to Oldest – Girls to Women then Boys to Men through all age groups**

* **900a - - NOTE - Rolling schedule as follows…..**
  + **3000m Racewalk – Combined Event G/W and B/M**
  + **60m Hurdles – Youth, Open/Elite, Masters**
  + **60m Dash Prelims – Youth, Open/Elite, Masters**
  + **1500m/1-Mile – Open/Elite then Masters**
  + **1600m – Youth ONLY**
  + **60m Dash FINALS – High School then Open/Elite**
  + **400m**
  + ***SHORT BREAK – Also turn in 4x400 Relay Cards!***
  + **800m**
  + **200m**
  + **3000m – Open/Elite then Masters (Women and Men MAY be combined)**
  + **3200m – Youth**
  + ***SHORT BREAK – Relay Check-in and Organization***
  + **4x400m Relay – High School (Ages 15-18)**

END OF DOCUMENT