



FRIENDS UNIVERSITY * OTTAWA UNIVERSITY * SHOCKER TRACK CLUB

2021 Indoor Invitational

For Collegiate, Youth, Open, Elite, and Masters Athletes

Featuring the

Shocker Track Club Bill Butterworth Masters/Open/Elite Competition

Friends U-Ottawa U-Shocker TC First Chance Qualifier for Collegiate Competition

Shocker Track Club Youth Team Invite

January 9th and 10th, 2021

– Heskett Center –

Wichita State University – Wichita, Kansas

COMPETITION INFORMATION

DOCUMENT DATE – December 28, 2020

**** IMPORTANT ****

- 1. This meet – or any portion thereof - MAY be cancelled at any time by Meet Management if it is deemed unsafe to host.**
- 2. The information contained herein may be amended up to the day/time of the Meet at the sole control and decision of Meet Management.**
- 3. The online entry deadline in Direct Athletics is Wednesday, January 6, 2021 at 5:00 p.m. CST**

Meet Directors –

Henry Brun (Friends University), James Whittaker (Ottawa University), and Darren Muci (Shocker Track Club, Inc.). Any questions must be directed to one of the three.

Athlete Registration Governance –

Participation is limited to the following schools, teams, clubs, or categories as follows -

College/University –

Note 1– Only the following universities/colleges are eligible to participate - Friends University, Benedictine College, Southwestern Assemblies of God University, Southwestern College, Bethany College, Ottawa University, Texas Wesleyan University, Kansas Wesleyan University, Tabor College, Central Methodist University.

Youth (Ages 5 through 18 including current high school seniors) -

Note 1 - Club Team or school registrations ONLY! No Unattached Youth athletes may compete in the meet. Only the Youth clubs listed here may participate - Shocker Track Club, Oklahoma Cheetahs, Southwest Christian School/Club (Speed Legion), Kansas City Elite Competition, Wichita Athletics, Eastside Steppers, and Hot Feet Track Club.

Note 2 – A maximum of thirty (30) athletes are allowed per Youth club.

Note 3 – The age of the athlete is governed by the age of the athlete on the day of the meet. Please register children accordingly.

Note 4 - A Club Team or School representative must pick up the Club Team or School packet upon check-in at the meet.

Note 5 – Clubs are allowed up to six (6) Coaches. Please consider allowing up to two (2) of them to volunteer in facilitating various functions of the meet (e.g., pit raking, bar setting, hurdle setting, block placement, etc.)

Open/Elite Athletes (Ages 19 and above (NOT including current high school seniors)) –

Note 1 - Only 75 total athletes combined will be allowed in the Open, Elite, and Masters categories on a first-come, first-served basis.

Note 2 - Interested athletes MUST contact Darren Muci at president@shockertrackclub.com to begin the registration process and provide their name, birthdate, email, cell phone, and events. If approved by Meet Management a link will be provided to complete the meet registration process and make payment.

Masters Athletes (Ages 30 and above) –

Note 1 - Only 75 total athletes combined will be allowed in Masters, Open, and Elite categories on a first-come, first-served basis.

Note 2 - Interested athletes MUST contact Joe Hoover at masters@shockertrackclub.com to begin the registration process and provide their name, birthdate, email, cell phone, and events. If approved by Meet Management a link will be provided to complete the meet registration process and make payment.

Meet Registration Payment Process –

The deadline for registration in Direct Athletics is 5:00 p.m. CST on Wednesday, January 6, 2021. After completing the online meet registration process through Direct Athletics refunds may be requested up through 11:59 p.m. CDT on Thursday, January 7, 2021. Refunds will be less any administrative costs.

Online Meet Registration and Payment –

The Registration Fee for Youth, Open, Elite, and Masters athletes is \$25 for up to three (3) events. No medals will be awarded at this meet. Athlete registration and payment for collegiate and Youth athletes must be made online via the following Direct Athletics links –

- Youth Teams – Approved Clubs will find this meet – [2021 Friends U/Shocker TC First Chance](#) - listed on your club profile. Complete the registration process and make payment.
- Open/Elite – A link will be provided to register for the meet and make payment.
- Masters – A link will be provided to register for the meet and make payment.

Covid-19 and PPE Guidelines –

We are taking extra precautions to provide a safe environment and will be using disinfectant spray throughout the meet. Use gloves and safety glasses by Officials, Coaches, and Athletes is recommended. Forehead temperatures of all Youth and Adult athletes will be taken during meet-day registration.

Screening for Collegiate Athletes:

On-site screenings for all collegiate student-athletes and coaches will be mandatory before entering the facility the beginning of each day of competition. Once screened, you will receive a wristband that indicates you are permitted into the facility for that specific day. This wristband must be worn at all times during the competition.

Spectators:

There will be no spectators allowed for the collegiate only portions of the meet to assist in physical distancing.

Masks/Face Coverings:

Required upon arrival for all individuals to campus or competition venue. This includes but not limited to restrooms, hallways, locker rooms, competition venue, etc. Teams (including staff/coaches) will be required to wear mask/face coverings at all times including warm-ups and cool downs. Masks/face coverings may be removed while performing a competition level rep in warm-ups and during competition but must be put back on within a reasonable amount of time after rep has been completed.

Facility Availability:

Restrooms and team camps areas will be available. The rest of the building will be closed to teams (including staff/coaches). There will be no loitering in hallways or using parts of the building not deemed necessary for hosted competition.

Meet Day Screening:

Game day screening must take place within 6 hours of the event for all team personnel and be administered by a medical professional or other qualified staffs.

Failure to Comply:

Failure to follow COVID protocols will result in team (including staff/coaches) dismissal from the competition.

Meet Day Check-in and Registration -

Meet day check in will take place in the lobby of the Heskett Center beyond (north of) the entry area staircase. Different colored wristbands will be used for each day in the following categories -

- Meet Directors/Management and Officials
- Team Coaches
- Collegiate Athletes
- Youth Athletes
- Adult (Open, Elite, Masters) Athletes
- Spectators/Fans

Fans/Parents –

Note 1 - Youth Clubs MUST provide the names of Parents that will be in attendance at the meet. A maximum of one (1) parent/guardian/sibling will be allowed per family of an athlete competing at a cost of \$5 per individual.

Note 2 - A maximum of 125 passes will be issued to Track fans and parents during the Youth, Open, Masters, and Elite competitions. Passes are good for one day at a cost of \$5. Seating in the bleachers will be limited to 125. Infants/Toddlers (up to age 2) will be allowed in free and must sit on the lap of an adult or guardian. To assist us in meeting local and Heskett Center social distancing requirements we will request that Fans/Parents only access the bleachers when their “athlete”/child is competing.

Note 3 - Please turn in your wristband when you leave the facility for the last time on either day so that other fans may purchase access.

Team Camps –

Classrooms and Studios will be identified and assigned for collegiate teams.

Access to The Track -

No spectators will be allowed on the track at any time except in an emergency or administrative situation as determined by Meet Management

Restroom Access -

Restrooms are available upstairs near the main entrance to the track, downstairs in the Commons Lobby, and in the locker rooms.

General Waiver -

All participants, athletes, parents/guardians/siblings must agree to the following general liability language upon entry to the meet. This language is included in the athlete meet registration on Direct Athletics.

1. The risk of injury involved in this program is significant, including the potential for COVID-19, illnesses of all types, paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious illness and/or injury does exist; and,
2. I and/or my child/children knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and
3. I and/or my child/children willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I and/or my child/children observe any unusual significant hazard during my presence or participation, I and/or my child/children will remove we from participation and bring such to the attention of the nearest STC representative immediately; and,
4. I and/or my child/children, for myself, and on behalf of my heirs, assign personal representatives and next of kin, hereby release and hold harmless **The Shocker Track Club, Inc., Friends University, Ottawa University, and USA Track & Field (USATF)** their officers, officials, agents and/or employees, other participants, sponsoring agencies, advertisers, sponsors, and, if applicable, owners and lessors of premises used to conduct the practice or event (“releasees”), and in particular, **Shocker Track Club, Inc., Friends University, Ottawa University, Wichita State University, and USA Track and Field**, with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise.
5. By affixing my signature hereto, I and/or my child/children attest that I am physically fit and have trained sufficiently for the activities in which I and/or my child/children intend to participate and the events I and/or my child/children have chosen to enter. **The Shocker Track Club, Inc., Friends University, Ottawa University, and** its representatives, employees, and volunteers have permission to obtain immediate medical care and I consent to hospitalization, the performance of necessary diagnostic tests, the use of surgery, and/or the administration of drugs in an emergency. I understand that I am responsible for payment of medical expenses.

Competition Divisions -

Competition will be conducted in the following categories –

Youth -

- Ages 8 and under
- 9-10
- 11-12
- 13-14
- 15 and up (High School)

Open (Unattached or Club affiliated) - Ages 19-29

Collegiate (College or University affiliated) - Any age as appropriate

Elite (Unattached or Club affiliated) - Ages 19 and up

Masters (Unattached or Club affiliated) - 5-year age categories as follows – 30-34, 35-39, 40-44, 45-49, 50-54, etc.

Field Events Guidelines -

1. Competitors must provide own implements and use only their implements unless a fellow competitor allows use of theirs.
2. During warm-up and competition Implements must be retrieved by the Athlete that threw it.
3. Masters Athletes will receive four (4) attempts in the LJ, TJ, SLJ, SP, and WT.
4. Youth Athletes will receive four (4) attempts in the LJ, TJ, SLJ, and SP.
5. Open and Elite Athletes will receive four (4) attempts in the LJ, TJ, SP, and WT.
6. Collegiate athletes will receive 3 preliminary attempts in the LJ, TJ, SP and WT and the top 9 will receive 3 additional attempts.
7. The SP, WT, LJ, SLJ, and TJ will be conducted cafeteria-style for Youth, Open, Elite and Masters Athletes
8. The High Jump and Pole Vault will be conducted per applicable USATF or NCAA Rules with progressive heights. Competitions will begin at the height determined by Meet Management. Once the bar heights begin progressions it will not be lowered for any reason except to break a tie for 1st place.

Running Events Guidelines -

1. All running events will be competed as follows – Oldest to Youngest - Women then Men/Girls then Boys.
2. Preliminary Races will be held in the 60m Dash and 60mH with the top 7 in the following categories qualifying for Finals – Open/Elite Women, Open/Elite Men, Youth Girls High School (Ages 15-18), and Youth Boys High School (Ages 15-18)
3. Collegiate Athletes will compete in finals of the 60m and 60mH regardless of if there are 7 finalists or not.
4. If fewer than 7 athletes in a category participate in 60m and 60mH Preliminary Races no Final will be conducted.
5. Timed Finals will be held in 200m, 400m, 600m, 800m, 1000m, 1-Mile Run, 1600m, 3000m, 3200m, 3000mRW, and 5000m.

Event Eligibility Chart -

Please review the charts to determine eligibility of your desired events within the identified categories. Special requests to register for events not listed for your category will be considered by contacting Meet Management (Darren Muci at president@shockertrackclub.com). You will be notified of the decision. The decision of Meet Management to either approve or deny such requests is final.

FIELD EVENT ELIGIBILITY							
EVENT	YOUTH 8-Under, 9- 10, 11-12	YOUTH Ages 13-14	YOUTH Ages 15-16, 17-18	COLLEGIATE	OPEN (19-29)	ELITE	MASTERS Ages 30 and up
Shot Put		X	X	X	X	X	X
Weight Throw				X	X	X	X
Long Jump	X	X	X	X	X	X	X
Standing Long Jump	X						X
Triple Jump			X	X	X	X	X
Pole Vault		X	X	X	X	X	X
High Jump		X	X	X	X	X	X

RUNNING EVENT ELIGIBILITY							
EVENT	YOUTH 8-Under, 9-10, 11-12	YOUTH Ages 13-14	YOUTH Ages 15-16, 17-18	COLLEGIATE	OPEN Ages 19-29	ELITE Ages 19 and up	MASTERS Ages 30 and up
60m	X	X	X	X	X	X	X
60m Hurdles		X	X	X	X	X	X
200m	X	X	X	X	X	X	X
400m	X	X	X	X	X	X	X
600m				X			
800m	X	X	X	X	X	X	X
1000m				X			
1 Mile Run				X	X	X	X
1600m	X	X	X				
3000m				X	X	X	X
3200m	X	X	X				
5000m				X			
3000m RW	X	X	X	X	X	X	X

The Heskett Center Facility -

1. The Heskett Center is a Mondo surface, 6-lane, 200-meter flat track with 7 lanes on the home straight.
2. There is one competition area/runway/pit for the following field events: Shot Put/Weight, Long Jump/Triple Jump, High Jump and Pole Vault.
3. Shower Facilities are available on the first floor of the Heskett Center in the locker rooms, please bring your own towels.

Parking and Directions -

1. The Heskett Center is located to the West of Wilkins Stadium (Softball Stadium).
2. Parking is available in the large lots west of Eck Stadium (Baseball Stadium)

Track Restrictions -

1. The use of ¼" pyramid spikes will be enforced.
2. Warm up must be completed on the track area or in the designated area inside the track. No spikes on the basketball courts!
3. No marking chalk, cones, or duct tape will be allowed on the track or runways. Only athletic tape may be used on the track or runways.
4. No electronic devices allowed inside the competition area (track and in-field) at any time.

Age Groups and Awards -

1. No Medals will be awarded at this meet.
2. Open, Masters and Elite athletes (Ages 19-29) will compete as Unattached unless registered with an affiliation to a club or school.
3. Masters athletes ages 30 and older will compete in 5-year age groups (i.e., 30-34, 35-39 and so on). Several age groups may race in the same race/final.
4. Athletes will compete together in field events and results will be sorted after completion of the event. Running events will be set up by age group.

Entry Procedures -

1. All entries must be completed and paid online via Direct Athletics
2. For instructions on how to use Direct Athletics please see the information at the end of this meet information.
3. Entries are due by Wednesday, January 6, 2021, no later than 5:00 p.m. CST
4. Please try to be accurate when projecting current entry times so that you can be seeded into the proper race or flight.
5. After the entry deadline no changes to event registration will be allowed. No late registration will be allowed. No event changes – except for scratches - will be allowed the day of the meet.

Entry Fees -

1. Youth/High School: \$25 (Maximum of 3 Events)
2. Open/Elite Division: \$25 (Maximum of 3 Events)
3. Collegiate Division: Payment of \$275 per gender per school.
4. Masters: \$25 (Maximum of 3 events)
5. Athletes will receive wristbands in their packet. Wrist bands will be used for facility/track access. For every ten (10) athletes registered with a club/college, up to six (6) wristbands will be provided for coaches.

Check-in and Day of The Meet Entry Information -

There will be a check in table located upstairs near the entrance (Commons Lobby) to the Heskett Center Track.

Event Check-in Procedures -

1. Field event athletes must check in 45 minutes prior to the scheduled start time of their event, at their respective event area.
2. Running event athletes must check in 30 minutes prior to the schedule start time of their event.
3. All running event athletes will check in and receive hip numbers on the backstretch on the inside of the track.

Implement Inspection -

1. Athletes MUST provide their own implements and use their own implements.
2. All implements for both the Weight Throw and Shot Put will be checked in near the throwing circle. Please find the weigh-in official one hour prior to the start of the first throwing event of the day.

Online Registration Process -

Registration Online at www.directathletics.com

How to enter/sign-up for Direct Athletics as an individual (Open, Elite, Masters athletes)

If you don't already have an individual account start here, if you have an account skip to step 4

- 1) Select Sign Up from the top of Directathletics.com.
- 2) Click Athlete Account for individual athletes.
- 3) Fill out the Athlete Information form and click submit at the bottom.
- 4) From the next page you'll want to click on the Enter Now button and confirm your information.
- 5) Select your events and enter an accurate projected entry mark.
- 6) After hitting submit you'll need to use a credit card to pay online.

Questions -

Youth/High School/Open/Masters/Elite contact Darren Muci at (316) 993 6824 or by email at president@shockertrackclub.com

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