



SHOCKER TRACK CLUB

**2020 Larry Staton Virtual Masters Track Meet
RESULTS SUBMITTAL FORM**

This form must be submitted by 11:59 p.m., CST on November 30, 2020.

Participant Name _____ Gender _____ Birthdate _____

Participant Address _____

City _____ State _____ ZIP _____

Phone _____ Email _____

EVENT MARK/TIME CHART						
Times Must Be Reported as Follows > 00.00 or 0:00.00				Marks Must Be Reported in Metrics as 0.00 or 00.00		
Event	Mark/Time	Date		Event	Mark/Time	Date
50m				Standing Long Jump		
100m				Long Jump		
200m				Triple Jump		
300m				High Jump		
400m				Pole Vault		
800m				Shot Put		
1600m				Discus		
1500mRW				Javelin		
1500mPW				Hammer		
55mH				Weight Throw		
80mH				Super Weight Throw		
100mH						
110mH						
300mH						

I, the undersigned, certify that the times and marks listed above were attained by me, are valid, and in compliance with the Virtual Meet guidelines.

Participant's Signature _____ Date _____

Click the SUBMIT button below to submit this Results Form to **Shocker Track Club**.

Clicking submit will open up your primary email account with an email addressed to masters@shockertrackclub.com. This completed document will be saved in .pdf form and attached to the email. Click the send key to send your email.

NOTE – If the above instructions prove unsuccessful, please save the completed document and attach it to an email addressed to masters@shockertrackclub.com

SUBMIT