

# SHOCKER TRACK CLUB

## Wichita Masters/Open Track & Field Meet USATF Missouri Valley Assoc. Masters Championships Saturday, September 29, 2018



**Cessna Stadium, Wichita State University,  
Wichita, Kansas  
East of Hillside on 21<sup>st</sup> Street**



Sanctioned

Entry Fee: \$40 per Athlete  
Open Division Athletes \$15  
PAYMENT AT MEET BY CASH OR CHECK  
T-Shirts available for \$12.

The meet is open to all men and women ages 19 through 90+ including Open athletes ages 19-29. Masters athletes ages 30 and older will compete in 5-year age groups (i.e. 30-34, 35-39 and so on). Several age groups may race in the same race/final. Medals awarded according to Age Group. **Age Groups determined by age, as of 9/29/18**

**To receive a USATF Championships Medal, athletes must have a current USATF Membership.  
Non USATF members will receive Wichita Masters/Open medals.**

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### 8:30 a.m. FIELD EVENTS Schedule

**Hammer Throw, Weight Throw, Super Weight Throw, Discus, Shot Put,  
Long Jump, Standing Long Jump, Triple Jump, Javelin  
High Jump (Progressive Heights)**

**11:00 A.M. ----- Envision 100 Meter Dash**

### 1:00 P.M. Running EVENTS

FAT times for the following running events:

**1:00 ----- 4X800 Meter Relay**  
**1:10 ----- 3000 Meter Run**  
**1:30 ----- 100 Meter Dash (Masters & Open)**  
**1:45 ----- 800 Meter Run (Combined Men & Women)**  
**2:00 ----- 55 Meter Dash**  
**2:15 ----- 80/100/110M Hurdles (27" Hurdles available)**  
**2:35 ----- 200 Meter Dash**  
**2:50 ----- 1500 Meter Racewalk**  
**3:15 ----- 300 M Dash**  
**3:30 ----- Mile and 1500 Meter Run**  
**3:45 ----- 300/400 M Hurdles**  
**4:00 ----- 400 Meter Dash**  
**4:15 ----- 4X100 Relay**  
**4:20 ----- 5,000 Meter Run**

Events will be run according to the above time schedule. No rolling schedule will be applied.