Track & Field Combine

Sponsored by The Shocker Track Club

and Optimal Performance

**January 6, 2018**

**Saturday, 12:00 pm– 4:00 pm**

**Wichita Sports Forum 2668 N. Greenwich Ct.**

**Athletes**-come and be seen by college coaches while displaying your talents in an

“All-around” type athletic exhibition of your skills. Learn collegiate rules and the recruiting process.

**Open to all track & field event athletes for high school grades 9-12**

**Events tested**: Flying 30m, 40 yard dash, Broad Jump, Vertical Jump and more!

**Items to bring**: running shoes, spikes and water bottle.

**Guest Speakers:**

WSU Track and Field - College Recruitment

Mid America Orthopedics - Injuries and Physical Therapy

Optimal Performance - Training and Nutrition

**Athlete Fee— $35** Limited to first 250 athletes.

**SIGN UP by contacting Willy Lucero, MEd, USAW with Optimal Performance**

**willy@opteamfit.com 1-785-580-6782**

 