



# REGISTRATION FORM

## HEARTLAND GOLDEN GAMES



### USATF Missouri Valley Association Senior Masters Championships

### Senior Masters Track & Field Meet

**Saturday, May 20<sup>th</sup> 2017**

**YOU MUST REGISTER ONLINE AT [www.directathletics.com](http://www.directathletics.com)**

**Mail Waiver Form and Check to:** Senior Services of Wichita, 200 South Walnut, Wichita, KS 67213  
**Or Email to:** [STCsprinter@gmail.com](mailto:STCsprinter@gmail.com) **Checks payable to "Senior Services, Inc. of Wichita"**

**REGISTRATION: \$40.**

(Price includes access to any of the HEARTLAND GOLDEN GAMES EVENTS as a participant, a T-shirt and lunch)  
For More Information call Larry Staton at 316-214-4655

To participate in the following events, **YOU MUST REGISTER ONLINE AT [www.directathletics.com](http://www.directathletics.com)**

___ 55 Meter	___ 1500 Meter	___ 300 M Hurdles	___ Javelin	___ Weight Throw
___ 100 Meter	___ 3000 Meter	___ 400 M Hurdles	___ Standing Long Jump	
___ 200 Meter	___ 5000 Meter	___ Long Jump	___ Shot Put	___ Super Wt Throw
___ 300 Meter	___ 80 M Hurdles	___ High Jump	___ Discus	___ Pole Vault
___ 400 Meter	___ 100 M Hurdles	___ Triple Jump	___ Hammer	___ Softball Throw
___ 800 Meter	___ 1500 Meter RaceWalk			

**Name:** \_\_\_\_\_ **M** \_\_\_ **F** \_\_\_ **Date of Birth** \_\_\_\_\_ **Age Group** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Street Address** \_\_\_\_\_

**City State ZIP** \_\_\_\_\_ **Email Address** \_\_\_\_\_

**T-Shirt(s) FREE** \_\_\_ Sm \_\_\_ Med \_\_\_ Lg \_\_\_ XL \_\_\_ XXL \_\_\_ XXXL



# **SCHEDULE OF EVENTS**

## **HEARTLAND GOLDEN GAMES**



Competition Venue: Hoyt Athletic Field, Friends University, 2100 W University St, Wichita, KS

### **USATF Missouri Valley Association Senior Masters Championships**

#### **Senior Masters Track & Field Meet**

**Saturday, May 20<sup>th</sup> 2017**

#### **FIELD EVENTS**

9:00 ----- Long Jump, Standing Long Jump, Triple Jump and Shot Put  
10:00 ----- Pole Vault, Javelin  
11:00 ----- High Jump, Discus, Weight Throw  
12:00 ----- Hammer Throw  
1:45 ----- Softball Throw (To be held on the Football Field)

#### **RUNNING EVENTS**

*(No Rolling Schedule will be applied.)*

1:30 ----- 100 Meter Dash  
1:45 ----- 3000 Meter Run  
2:10 ----- 55 Meter Dash  
2:25 ----- 1500 Meter Run  
2:45 ----- 80/100 Hurdles  
3:05 ----- 800 Meter Run  
3:25 ----- 200 Meter Dash  
3:50 ----- 1500 Meter Racewalk  
4:05 ----- 300 Meter Dash  
4:05 ----- 300 Meter Hurdles  
4:10 ----- 400 Meter Hurdles  
4:25 ----- 5000 Meter Run  
4:45 ----- 400 Meter Dash

**Competition Venue:**  
**Hoyt Athletic Field, Friends University,**  
**2100 W University St, Wichita, KS**

# HEARTLAND GOLDEN GAMES

## Senior Masters Track & Field Meet

### LIABILITY WAIVER

(Must be signed to compete in The Heartland Golden Games Track & Field Meet)

In consideration of being allowed to participate in, or assisting others in participating in **The Heartland Golden Games Track & Field Meet**, its related events and activities, the undersigned acknowledges, appreciates, and agrees that: **1.** The risk of injury involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, **2.** I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and **3.** I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, **4.** I, for myself, and on behalf of my heirs, assign personal representatives and next of kin, hereby release and hold harmless **The Heartland Golden Games and Friends University**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, advertisers, sponsors, and, if applicable, owners and lessors of premises used to conduct the event ("releasees"), and in particular, **Senior Services of Wichita and Friends University**, with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

### SIGN HERE TO PARTICIPATE

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\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Date

By affixing my signature hereto, I attest that I am physically fit and have trained sufficiently for the activities in which I intend to participate and the events I have chosen to enter. The Heartland Golden Games and its representatives, employees, and volunteers have permission to obtain immediate medical care and I consent to hospitalization, the performance of necessary diagnostic tests, the use of surgery, and/or the administration of drugs in an emergency. I understand that I am responsible for payment of medical expenses.

Name of Insurance Policy: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Physician's Phone #: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact's Phone #: \_\_\_\_\_