



Lanes & Sectors

by Larry Staton

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MASTERS/OPEN TRACK AND FIELD

A NEWSLETTER FOR TRACK & FIELD ENTHUSIASTS

Butterworth Meet was Worth it!

by Larry Staton

As the Shot was launched into a perfect arc and making its mark for another outstanding Masters performance, or, as he leaped into the pit for another mark for the record books, WHAT was going through the mind of the 82 year old competitor who brought another Championship effort to the sport of Masters Track and Field? “Wow, this meet is named after ME?” Or, “What do you know? I got another attempt off.” Or, “I can’t believe this!”

Not knowing for sure but knowing the athlete, **Bill Butterworth**, my guess is that it was a humble expression of all three. The day was not so much about Bill and his performance at this particular meet as it was about a celebration of Masters Track and Field and the joy and sense of accomplishment it has brought to this outstanding athlete and the contribution that Bill Butterworth has

made to our sport. Bill, it was an exciting thrill to be with you on a very special day of competition and, again, Thank You!

There were many outstanding performances at the Bill Butterworth Indoor Track and Field Meet. One of the highlights for me was seeing athletes from Friends University perform in our Open Division. Coach **Damian Smithisler** brought 15 athletes from his program who offered an infusion of energy that elevated this meet to an exceptional level. It was really special to see the President of Friends, **TJ Arant** (55-59) and his wife, Susan competing side by side these college athletes. TJ was unable to complete all of his events due to an injury but did manage to heave the shot 24’2.25”. **Susan Arant** (50-54) brought an effort of 23’6.25” with the women’s shot for first place.



Bill Butterworth Checks Mark

Some of my most cherished friendships are Masters athletes. I was jumping up and down inside as I watched you at this meet. Your dedication and devotion to your events, your competitive spirit, the high level of integrity and sportsmanship that exudes from every stride, every jump, every throw, every effort inspires and encourages me. Thank you for what you brought to this meet!

Our friend, **Bob Lida** (75-79) offered a true championship effort. The World Record holder showed his Jayhawk colors well as he RockChalked his was to an 8.69 in the 60 and 28.0 in the 200 meters.

Francois Boda (45-49) lit up the track with a 7.57 and a 24.60. **Claire Overstake** (55-59) carried the mantle for the women with times of 10.17; 13.33 (60H); 36.37 and 1:30.12. And, newcomer **LaVeta Gardner** (30-34) showed well with 10.28 and 35.34 in the 60 and 200, respectively. The women's veteran, **Christel Donley** (75-79), had a super-charged 11.99 in the 60 while bringing her A-game in the High Jump and Long Jump to win first place with 3'4.5" and 7'2.25". Christel capped it off with a 26' first place mark in the Shot Put.

Christel's husband, **Jerry Donley** (80-84), is no B-Teamer. He full court pressed his way to first place in the High Jump at 3'1.25" and 1st place in the Pole Vault at 6', and 2nd in the Shot Put at 27'1.75". But, he was up against **Bill Butterworth** who put 30' for the Gold and who also stepped up to 1st place in the Standing Long Jump at 5'9.75".

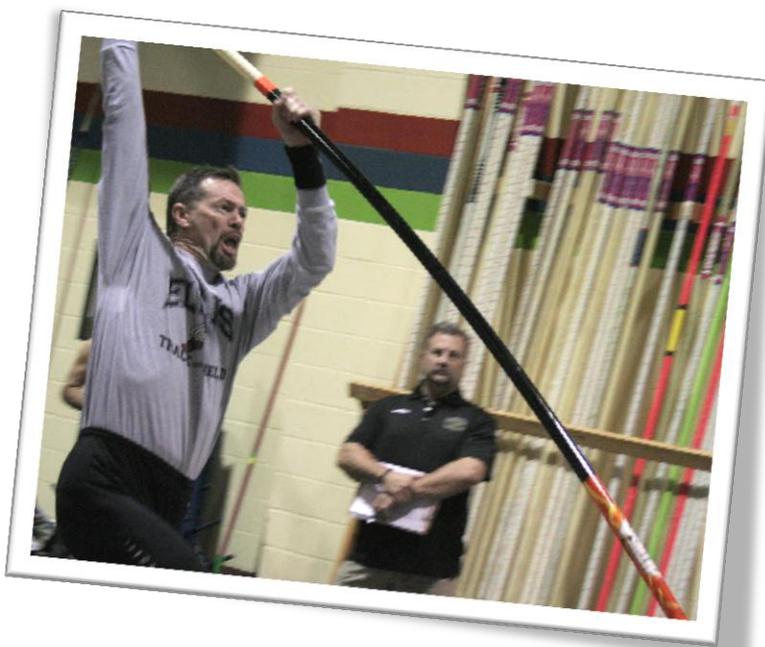
As you look at the results, you can see how difficult this is to present the meet highlights in this article. I ought to just cut and paste the results and offer line by line commentary.

Everyone did such a great job! Be sure to look at the RESULTS <http://www.shockertrackclub.com/>, as I won't be able to put everyone's times and marks in.

Another married Masters Duo who left their marks at the Heskett Center were **Ken Ellis** (55-59) and **Joann Ellis** (55-59). Joann took first in the High Jump, Pole Vault, Standing Long Jump, Shot Put and Long Jump. Ken Hurdled for 1st place while High Jumping and Pole Vaulting for the Gold and just missing first place in the Shot Put. **Jim Squires** (55-59) took that event with a mark of

**Ken
Ellis**
>>>>>

*Official,
Chris
Ellis*



40'7.75". And, speaking of the Shot Put, John Curtis, Jr. (70-74) launched a 39'11.25" mark to take first place. Also, Mike Bell (65-69) and Randy Hansen (50-54) both claimed first place in the Shot Put for their age divisions.

It has been my pleasure to watch **Steve and Donna Wilson** train together. Both compete but Steve also steps into the role of Coach for Donna and they make a great Masters team. Donna (55-59) is battling back to full strength after knee surgery and showed very well with 1st in the Triple Jump and 2nd in the Mile, 3000, and Long Jump. She invited a friend, **Vicki Engelhardt** (55-59) to compete and Vicki took first in the Mile and 3000!

Steve Wilson (60-64) would have brought it to the Sprints but is also recovering from injury. He managed to wear a little Gold around his neck on the way home from the High Jump, Standing Long Jump and Long Jump.

Kay Glynn (55-59), a nationally renowned Pole Vaulter came all the way from Iowa to put on a "clinic" in her event. It was a charge to see her clear 9 feet! She has the highest vault

in the nation for her age group of just over 9 ½ feet.

An Open Athlete who really stood out was **Javier Ceja** (19-29) who ran a 4:26 mile and an 8:46 3000. It was a phenomenal effort and a joy to watch!

And, **Mr. Z!** -- **Rod Zook** (50-54) may be last alphabetically but he ranked in the A column with a 2:14.78 800 Meter time!!

And, **Alex Meyer** (70-74) competed in everything from A to Z! 3rd in the 60; 2nd in the 60 Hurdles, Long Jump & Triple Jump; and 1st in the 200, 400, 800, Mile, High Jump, Pole Vault, Standing Long Jump and 4th in the Shot Put. I heard that he won the 1976 Olympics all by himself!

I wish I had enough time and room to talk about so many other athletes! Again, please take a look at the results.



Cont'd Page 3

Congratulations to these athletes for tremendous efforts and performances: Stephen Anderson, David Angel, Jim Ross, Al Salmon, Bob Peters, Cutis Cline, Carlos Cox, Craig Benham, John Gregory, Joe Roche, Tony Sumler, Ernie Snodgrass, Darren Muci, Roger Davis, Randall Olson, Jon Bingesser, Richard Beattie, Steve Osborn, Terry Smith, Ben Leflore, Keith Long, Randy McDermott, Randy Hansen, Brad Chatfield, Bronson Webb, Kelly Meirs, Wade Sorenson, Eric Jacobson, James Snook, Ed Nicewander, Sheppard Miers, Eric Jacobson and Kelly Meares.

Two Masters Athletes were unable to attend this meet due to health issues within their families. **Stephen Cox** from Arkansas stayed home to care for his mother who is in serious condition. And, **Elmer Mickey's** wife is undergoing treatments for cancer. Our thoughts and prayers are with these guys and the challenges that they are facing with their loved ones.



Claire Overstake



Jerry Donley



Jerry Proffit

So, was the 2013 Bill Butterworth Indoor Track and Field Meet worth it?

- ONLY if you wanted to see the top athletes in the Region with KS, NE, OK, MO, IA, TX, and CO represented.
- ONLY if you wanted to see World Record holders and Nationally ranked athletes competing at their best.
- ONLY if you enjoy the special bond generated among Masters and Open athletes in the height of the competitive spirit.
- ONLY if you want to compete in one of the best indoor venues available.
- ONLY if you want to surround yourself with the best volunteers and officials in the world. And,
- ONLY if you love USATF Track and Field.



Kay Glynn, 9 Feet!



Christel Donley



Terry Smith



Bob Peters