 

2015-2016

# Mission and Vision

The Shocker Track Club Masters Team operates under the auspices of the Shocker Track Club Board of Directors. Separate indoor and outdoor seasons provide opportunities for nearly year-round training.

**The Mission of the Shocker Track Club Masters Team is to provide opportunities for mature athletes (typically over the age of 30) to continue compete in track and field under the framework of USATF guidelines.**

# USATF Affiliation

The Shocker Track Club is affiliated with USA Track & Field through the Missouri Valley Association. Membership in USATF is not required for Shocker Track Club Masters team members, but it is strongly encouraged because of the many benefits. Details are available at www.USATF.org.

Masters Team

#### ShockerTrackClub.com

Shocker Track Club

### Coaching and Practice

Practice and workout strategies have been developed by the Wichita State University Track & Field Coaching staff along with input from experienced and nationally recognized Masters athletes. Practice time is available during the indoor season at the Wichita State University Heskett Center and Wichita State University Cessna Stadium during the outdoor season.

**Leadership Committee Meetings**

Masters Team committee meetings are held quarterly. Watch ShockerTrackClub.com for details.

This membership includes a Shocker Track Club black singlet and access to the Wichita State University Heskett Center for indoor practice time between mid-November and mid-February on select days from 430p to 600p.

The Shocker Track Club Masters team is managed by the Director who is the Chair of the leadership committee. The committee is responsible for planning meets, training activities for athletes, oversight of membership activities, fundraising, and co-direction of STC Masters home meets.

This membership includes all of the benefits of the Black Membership plus access to the WSU Cessna Stadium track for evening practice between mid-April and mid-July from 630p to 800p on Monday, Tuesday, and Wednesday. This membership also offers free participation in the WSU Summer Series Track Meets (Thursday nights) at Cessna Stadium during June and July. In addition, all STC Gold Members receive a 25% discount on registrations for STC sponsored meets.

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# STC Gold Membership – $100 annually

# Volunteerism - Priceless

STC Masters Team members are asked to help with at least one WSU Track & Field meet on the schedule. WSU Track and Field coaches and athletes help make STC sponsored Masters meets & practices possible. We love WSU T&F!

STC MISSION

The Shocker Track Club (STC) is a 501(C)(3) organization that helps support Wichita area Track and Field and Cross Country activities.

# STC Black Membership - $50 annually

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### Program Manager

LEADERSHIP

MASTERS TEAM PROGRAMS